



WakeMed Health & Hospitals

Patient Instructions

Semen Analysis Checklist

- Semen Specimen – May be collected at the WakeMed Raleigh Medical Park. If collected at another location, not on the WakeMed Campus, please see transport instructions at right (#4).
- Completed Physician’s Order Form (WakeMed Form # SP-017)
- Completed Collection Information section below

PLEASE NOTE: Instructions, locations and hours are different for Fertility and Post-Vasectomy collection. Please see #4 at right and collection locations on back.

Semen Analysis Collection and Transport Instructions

1. REFRAIN from sexual intercourse and masturbation for a period of 2 to 7 days prior to collection of the semen specimen.

2. Your physician or WakeMed Lab personnel will provide a sterile cup for collection. Print your NAME and DATE OF BIRTH on the cup.
3. Collect the complete sample by MASTURBATION in the container. Avoid the use of lubricants. Coitus interruptus (intercourse stopped before ejaculation), oral collection and specimens collected in condoms are unacceptable. Write the TIME of collection on the container.
4. During transport, keep the sample protected from extreme temperatures and light.
 - **Fertility** – Deliver the sample WITHIN ONE (1) HOUR of collection directly to the Raleigh Medical Park Laboratory. Any delay will cause living sperm to die and give an inaccurate assessment of the semen.
 - **Post-Vasectomy** – Deliver the sample WITHIN TWO (2) HOURS of collection directly to the laboratory of choice.
5. Complete the collection information form below.
6. Submit your physician order form with billing information (WakeMed Form #SP-017).
7. Results will be faxed to the referring physician who will contact you for discussion of the results.

Completed Collection Information for Semen Analysis – REQUIRED

Patient’s Name _____ Date of Birth _____
LAST FIRST

Days of Abstinence _____ Wife’s Name _____

Date of Collection _____ Time _____

Collection by Masturbation? YES NO If NO, please explain _____

Collection or Transport Problems _____

(specimen collection locations on back)

Collection Locations

Fertility & Post-Vasectomy Collection

Raleigh Medical Park

23 Sunnybrook Road, Raleigh, NC 27610

Hours: 7 am to 5 pm, M - F, except holidays

On Site Collection:

Report to Patient Registration at the Raleigh Medical Park

Phone: 919-350-4185 | Fax: 919-350-9608

Off Site Collection:

Bring sample to the Lab Window at the Raleigh Medical Park

Phone: 919-350-8238 | Fax: 919-350-7811

Post-Vasectomy Collection ONLY

WakeMed Cary Hospital

1900 Kildaire Farm Road, Cary, NC 27511

Phone: 919-350-2370 | Fax: 919-350-2375

Hours: 6 am to 6 pm, M - F, except holidays

*The Outpatient Lab is located on the Main Floor
in the Atrium, to the right as you enter the Main Entrance.*

WakeMed North

10000 Falls of Neuse Rd Raleigh, NC 27614

Outpatient Services, Hospital Lobby

Phone: 919-350-1526 | Fax: 919-350-1355

Hours: 8 am to 4:30 pm, M - F, except holidays